

Paper Tigers Film and Thrive Adolescence Awareness Session

Course ref PA6488

CPD points 0

Price Free

Duration 2.5 hours

Dates Thu 16th January 2020

Location Shenley Academy, Shenley Lane, Northfield, Birmingham, West Midlands, B29 4HE

Discounts N/A

An opportunity to watch the ground-breaking film Paper Tigers - and discover how the Thrive Approach® can support staff in schools to better engage students with their learning.

This twilight session is ideal for anyone working closely with adolescents, particularly those with pastoral responsibilities, including safeguarding, special educational needs, SEMH education or a tutor role. It may also be of interest to health and social care professionals.

The session will start with the documentary Paper Tigers. The film charts a year in the life of an American high school where the Principal adopts a trauma-sensitive approach to its students. Many of the students have a history of truancy, behavioural problems and substance abuse, and yet the results are astonishing.

Delegates will then be introduced to the Thrive Approach and how this can help schools to create a culture and environment that facilitates the wellbeing of both students and staff. The session will explore how building meaningful relationships and working with young adults with an individual approach can support their social and emotional development. The aim of the session is to highlight how an understanding of brain and body changes during adolescence affect young people's behaviour. This time offers huge opportunities to enhance mental wellbeing, underpin good mental health and improve student's access to learning.

The session will outline the essential elements of the Thrive Approach and:

- Underpinning theory – understanding the adolescent brain through the latest neuroscience, including attachment theory and the impact of trauma
- The use of Thrive-Online to screen whole groups of students and individuals to help you to identify their underlying emotional and social learning needs
- Give an introduction to the Thrive Approach for Senior Leaders course and further Thrive training

By the end of the session:

You will understand how the Thrive Approach can support your setting to develop a culture and environment that facilitates the well-being of both the students and staff.

This session is free. It will be led by a Thrive regional representative.

Please contact Thrive for more information on 01392 797555 option 1