

Course ref PA6020

CPD points 0

Price £1777.00 excl. VAT

Duration 10 days

Dates Wed 22nd January 2020, Thu 23rd January 2020, Tue 11th February 2020, Wed 12th February 2020, Wed 25th March 2020, Thu 26th March 2020, Tue 28th April 2020, Wed 29th April 2020, Tue 12th May 2020, Wed 13th May 2020

Location Westlands Yeovil, Westlands Entertainment Venue, Westborne Close, Yeovil, Somerset, BA20 2DD

Discounts N/A

Learn to work effectively with Adolescent young people as an every child approach, especially vulnerable young people with disruptive and troubling behaviour, to help build their resilience, enhance emotional wellbeing that underpins good mental health and thereby improve academic attainment.

Course overview

Adolescence is a time of self-exploration, creative expression and transformation. Young people experience a burst in brain development, a changing body and challenging transitions as they progress on their journey to adulthood. This provides an amazing window of opportunity to help them become more emotionally resilient and open to learning.

Understanding how the teenage brain develops can help everyone – teachers, parents and carers, and young people themselves – cope better with the ups and downs of adolescence.

Informed by the latest advances in neuroscience, as well as attachment theory and child development, the Thrive Approach enables you to seize the opportunities of adolescence and create a safe and emotionally healthy environment for the young people in your setting.

This Thrive Licensed Practitioner Course, tailored for those working alongside adolescents, will equip you with the essential skills needed to support the social and emotional development of all young people; helping them to develop healthy stress regulation systems, strengthen their emotional resilience and ultimately protect them from potential mental health difficulties.

The course will show you how the brain and body change during adolescence and the impact this can have on their behaviour. Our experienced trainers will explore with you how to work alongside young people, how to scaffold their development and respond appropriately to their emotions, and importantly how you can reassure them that the changes they are going through are normal.

You will also explore how Thrive-Online, our profiling and action-planning tool, can be used to identify the social and emotional needs of the young people you work with. You will be shown how to identify the relevant strategies and action plans that will support their development.

“I have found that students have responded well to the Thrive activities. Also, staff deal with behaviour in a much calmer manner. We have had less outbursts of behaviour and when we do, students are able to calm themselves much sooner.”

This course is ideal for anyone working closely with adolescents in a teaching, health care or social care role. It is particularly beneficial to professionals with pastoral responsibilities, including safeguarding, special educational needs, SEMH education or a tutor role.

Course content

During the course you will learn about:

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the essential theory and neuroscience that underpins the Thrive Approach

- changes to the brain and body of an adolescent, and the impact on their wellbeing and behaviour
- developing your professional practice with a focus on self-awareness and your relational stance
- ways to teach young people about the changes happening during adolescence
- right-time and reparative support for adolescent social and emotional development
- how to use Thrive-Online to assess the social and emotional needs of students, in small groups and individually
- how to develop and implement action plans that support the needs of students who struggle to access learning, and how to review their progress
- common strategies for embedding Thrive in your setting and supporting your colleagues to work more effectively with young people

By the end of the course:

You will know how to be and what to do to support the young people you work with, and how to create the culture and environment for them to thrive. You will be equipped with the skills to help young people and your colleagues understand and respond appropriately to the adolescent changes they are experiencing. Using Thrive-Online you will be able to tailor this support and measure progress over time.

Next steps

If you require any further information or would like to make a booking, please contact the Relationship Development team on 01392 797555 or enquiries@thriveapproach.com

Requirements: To be professionally Licensed you will need to be an authorised user of Thrive-Online through an annual Whole Setting subscription which is based on roll number. This subscription will need to be in place for day one of training. Please contact the Thrive subscription team for more details on 01392 797555. Full attendance is required for you to gain your Professional Licensed status at the end of the course. No previous qualifications are required other than being comfortable with day to day use of a laptop or tablet, and having the capacity to enjoy working with young people.

Please note: Delegates will need to provide their own Wi-Fi enabled laptop or Tablet.

Price valid for a start date before 31st August 2020.

Please contact Thrive for more information on 01392 797555 option 1.